



Prenatal to 5 Relational Health Subgroup

October 13, 2020 Meeting

Agenda

- ✓ Welcome
 - ✓ Breakout introductions
- ✓ Position Our Recommendations for Success
 - ✓ Overview of final recommendations
 - ✓ Overview of Fair Start for Kids bill potential
- ✓ Breakouts
 - ✓ Celebrate our recommendations
 - ✓ Leverage our networks
- ✓ Next Steps





Welcome & Introductions

Participating members are highlighted in yellow

1. Fathiya Abdi
2. Endelkachew Abebaw
3. Megan Beers
4. Meeghan Bergman
5. Dr. Amritha Bhat
6. Jessica Box
7. Rachel Burke
8. Rep. Lisa Callan
9. Victor Cardenas
10. Gina Cardillo
11. Dr. Christopher Chen
12. Haruko Watanabe Choosakul
13. Diana Cockrell
14. Brent Collett
15. Dr. Marie Celeste Condon
16. La'Quonia Cooper
17. Dr. Ben Danielson
18. Darlene Darnell
19. Mia Edidin
20. Ayan Elmi
21. Jamie Elzea
22. Rep. Debra Entenman
23. Areceli Escarzaga
24. Kimberly Fabian
25. Janet Fraatz
26. Kim Gilsdorf
27. Dorothy Gorder

28. Jon Gould
29. Becca Graves
30. Zach Hall
31. Erica Hallock
32. Katrina Hanawalt
33. Kim Harris
34. Libby Hein
35. Renée Hernandez Greenfield
36. Lauren Hipp
37. Julie Hoffman
38. Dr. Nucha Isarowong
39. Byron Jackson
40. Avreayl Jacobson
41. Judy King
42. Elizabeth Krause
43. Jodi Kunkel
44. Garrison Kurtz
45. Erin Lee
46. Litonya Lester
47. MaryAnne Lindeblad
48. Laurie Lippold
49. Cameron Long
50. Edna Maddalena
51. Sandy Maldonado

52. Alicia Martinez
53. Kathryn McCormick
54. Sally Mednansky
55. Jesica Mendoza
56. Lou Olson
57. Monica Oxford
58. Dila Perera
59. Ryan Pricco
60. Sarah Rafton
61. Jennifer Rees
62. Joel Ryan
63. Rep. Tana Senn
64. Sharon Shadwell
65. Mary Smith
66. Paula Steinke
67. Anne Stone
68. Ashley Taylor
69. Beth Tinker
70. Cynthia Turrietta
71. Megan Veith
72. Elisa Waidelich
73. Katy Warren
74. Kristin Wiggins
75. Dr. David Willis
76. Dr. Mary Ann Woodruff
77. Liv Woodstrom

Zoom Tip

Share your name and organization

1. Click on
“Participants” from
the black menu at
the bottom of your
Zoom window
2. Find your name
3. Click “More”
4. Click “Rename”
5. Enter your name

Breakout - Introductions

*What is one thing
you enjoy about fall?*



Color Brave Space Norms

From [Equity Matters Northwest](#)

- 1. Put Relationships First** – *Work to build community and trust with an awareness of power dynamics.*
- 2. Keep Focused on Our Common Goal** – *We care deeply about [insert your mission], especially those who are directly impacted by racism.*
- 3. Notice Power Dynamics in the Room** – *Be aware of how you use your privilege: From taking up too much emotional and airtime space or disengaging.*
- 4. Create Spaces for Multiple Truths and Norms** – *– Speak your truth, and seek understanding of truths that differ from yours, with awareness of power dynamics.*
- 5. Be Kind & Brave** – *Remember relationships first and work to be explicit with your language about race, class, gender, immigration, etc.*
- 6. Practice Examining Racially Biased Systems and Processes** – *Individual actions are important, and systems are what are left after all the people in this room leave.*
- 7. Look for Learning** – *Show what you're learning, not what you already know. Avoid playing devil's advocate, the devil has enough advocates.*

Children and Youth Behavioral Health Work Group

Vision: Washington's children, youth, and young adults have access to high-quality behavioral health care.

Mission: Identify barriers to and opportunities for accessing behavioral health services for children, youth and young adults and their families that are accessible, effective, timely, culturally and linguistically relevant, supported by evidence, and incorporate tailored innovations as needed; and to advise the Legislature on statewide behavioral health services and supports for this population.

Important Elements of Work Group Charge:

- Support unique needs of children and youth (prenatally through age 25), including promoting health, and social and emotional development in the context of children's family, community, and culture
- Develop and sustain system improvements to support the 15 behavioral health needs of children and youth

P5RHS Calendar

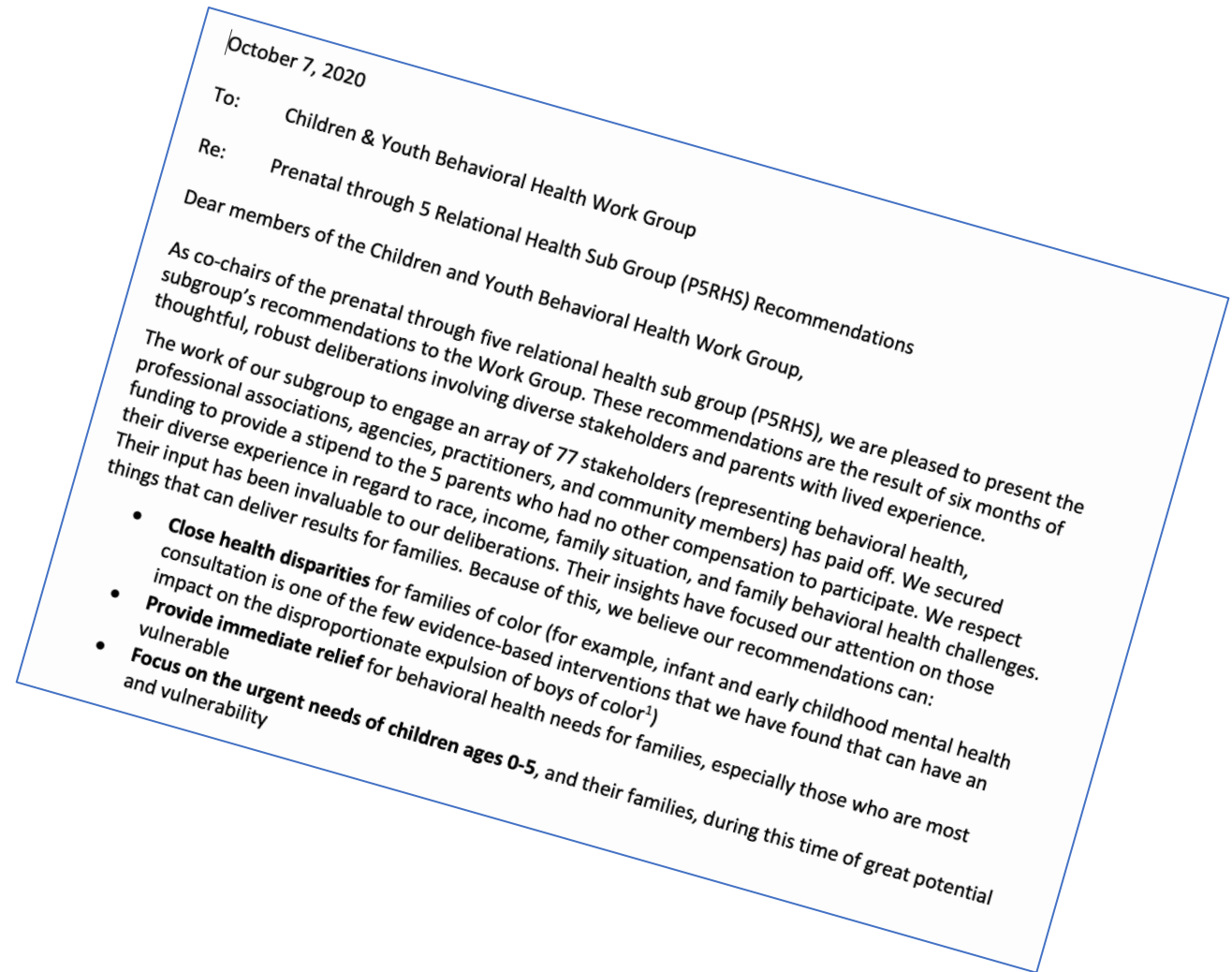
Date	Actions
October 13	P5RHS meeting – Finalize recommendations
October 19 9a	Final P5RHS recommendations due to CYBHWG
November 1	CYBHWG report due to the Legislature
November 10	P5RHS – Look ahead to the future of our recommendations
December	P5RHS Meeting (Canceled)
January 11, 2021	Legislature starts

Our Final Recommendations

- 1. Budget Request 1: (for CYBHWG legacy item):** Change Medicaid policy to match best practices for mental health assessment and diagnosis of children birth through 5 years old.
- 2. Budget Request 2:** Establish a complex needs fund to address the behavioral health challenges experienced by children ages 0-5 and their families so that children, families & providers can experience reduced bias and have immediate relief.
- 3. Policy Request 1:** Ensure responsive and effective access to telehealth services.
- 4. Support Request 1: IECMH-C Preservation (for CYBHWG legacy item):** Support existing investments in infant and early childhood mental health consultation (IECMH-C) so that children in care experience reduced bias that leads to expulsions and suspensions.
- 5. Support Request 2:** Prepare to remove clinical barriers and eliminate disparities in routine postpartum mood and anxiety screening.

Our Final Recommendations Reflect Our Focus

- **Hear the voices of families**
- **Close health disparities for families of color**
- **Provide immediate relief** for behavioral health needs for families, especially those who are most vulnerable
- **Focus on the urgent needs** of children ages 0-5, and their families, during this time of great potential and vulnerability



SUBSTITUTE HOUSE BILL 2661

State of Washington 66th Legislature 2020 Regular Session

By House Human Services & Early Learning (originally sponsored by Representatives Senn, Chopp, Sullivan, Callan, Pettigrew, Mead, Davis, Appleton, Thai, Shewmake, Bergquist, Valdez, Walen, Goodman, Macri, Riccelli, Hudgins, Leavitt, Lekanoff, Pollet, Slatter, Kilduff, Dolan, Tarleton, Chapman, Stonier, Lovick, Robinson, Orwall, Gregerson, Ortiz-Self, Entenman, Fitzgibbon, Morgan, J. Johnson, Pellicciotti, Wylie, Peterson, Kirby, Duerr, DeBolt, Sells, Fey, Ryu, Doglio, Ramel, Ramos, Tharinger, and Frame)

READ FIRST TIME 02/04/20.

AN ACT Relating to expanding accessible, affordable child care and early childhood development programs; amending RCW 43.216.075, 43.31.577, 43.216.505, 43.216.512, 43.216.514, 43.216.749, 43.216.578, 43.216.710, 28B.50.248, 43.31.583, 43.31.575, 43.216.089, 43.216.525, and 43.216.655; reenacting and amending RCW 43.216.135, 43.216.010, and 43.84.092; adding a new section to chapter 43.31 RCW; adding a new section to chapter 43.71 RCW; adding a new section to chapter 43.330 RCW; adding new sections to chapter 43.216 RCW; creating new sections; providing effective dates; and providing an

Overview of *Fair Start for Kids Act* Potential

Breakout Groups

1. **Telehealth** (Kristin)
2. **IECMH-C** (Garrison)
3. **Developmentally Appropriate Assessment** (Jamie)

Let's celebrate! *What would you say to a CYBHWG member about what these recommendations mean to you?*

Let's leverage our network! *With which CYBHWG members do you have relationships?*



Wrap Up

 Articulate our next steps

-
1. Focus on advocacy in November
 2. Submit recommendations
 3. Plan for session

- Stay **healthy**
- **Reach out** to others → “Distant socializing”, not “social distancing”
- **Support essential workers**
- **Keep moving** the prenatal to 5 relational health systems forward!